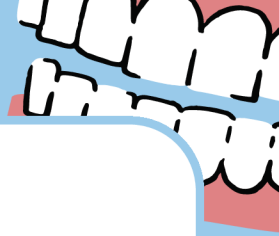
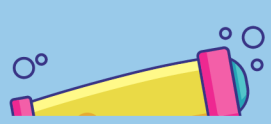


Abc
1, 2, 3



DENTAL CARE IRELAND
Your Local Practice

TOOTHBRUSHING SCHEDULE

WEEK 1

WEEK 2

AM

PM

AM

PM

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

